



**2018**  
***Snowhawks' Ski & Snowboard Program for  
Knoxdale Public School - Grades 5 & 6***

Registration is under way for the *Knoxdale Traveller 2018*, a ski and snowboard program for Knoxdale students in grades 5 & 6. Key points:

- The program runs after school on four Mondays – **Jan 8, 15, 22 & 29**.
- Includes motor coach & lift passes; optional: lesson package and/or rental equip.
- Deadline for registration is Dec 21, but the program may fill before the deadline!
- Registration is online at: [registration.snowhawks.com](http://registration.snowhawks.com)
- Note that the school administration and school council do not accept responsibility or liability for incidents which may result from participation. The *Knoxdale Traveller* is fully operated by Snowhawks Ski & Snowboard School.

#### ***Snowhawks***

- 30 yrs experience with travelling ski & snowboard programs for children, teens & adults.
- Focus on safety, fun and learning while promoting physical fitness and self-esteem.
- Travel to different hills with our own Snowhawks team of certified instructors.
- For lots more info, see the Skiing/Snowboarding-in-Schools [FAQs on our website](#).

#### ***Program Highlights***

- 4 evenings – Mondays Jan 8, 15, 22 & 29 – incl. motor coach travel and lift passes, twice each to Vorlage & Mt Cascades. Leaves school at dismissal, returning to the school at 9 PM. Students must bring supper, or purchase their food at the hill.
- Great Flexibility: sign up for supervised motor coach travel and lift passes only; or add on lessons and/or rental equipment as required. 70-minute lessons are with the same Snowhawks instructor each week, with small class size (from 4 to 8 students).
- More benefits: 20% off helmets & goggles, and 15% off all other new merchandise for the whole family at [Kunstadt Sports](#), right through Mar 15, 2018.

#### ***Lessons***

- Required for all beginners** and encouraged for all who want to develop skills at any level with plenty of mileage on the terrain that's right for you!
- 70-minute lessons in small groups are taught by the same Snowhawks instructor each week to ensure continuity of learning, and fun. Beginner level lessons run all evening.
- Selecting Ability Level: **Beginner** = never-ever, or just once or twice. **Novice** = snowplowing skier or sideslipping or sloppy-turning snowboarder. **Intermediate** = basic, rhythmic skidded turns. **Advanced** = performance turns, with some carving skill.

### *Equipment, Helmets and Wristguards*

- **Equipment:** Store equipment at the school on program mornings. Or rent equipment for skiing (skis, boots & poles) or snowboarding (board & boots). Note - if renting snowboard and not sure whether you are “goofy” or “regular,” please e-mail Snowhawks for some helpful hints on determining which foot goes in front.
- **Helmets are mandatory** - Only a ski/snowboard helmet will do! Bike, hockey, riding helmets, etc. are not acceptable. Helmets are **not** included in the ski or snowboard rental package. If you need a helmet, you can rent one separately from Snowhawks.
- **Wristguards are strongly recommended for beginner and novice snowboarders (not for skiers)!** You may buy or rent “Dakine” Wristguards from Snowhawks.

### *Chaperons - Volunteers*

- To volunteer complete the volunteer/chaperon section during online registration. You can also email the lead volunteer, Melanie Haskins, at [mel.c.haskins@gmail.com](mailto:mel.c.haskins@gmail.com)
- We require several bus chaperons and one designated driver who accompany the program and are welcome to ski or ride for free. Helmets are mandatory for volunteers on the slopes! Preference is given to returning chaperons, and to those who are available for all four outings (so that chaperons get to know students, and vice versa), and who can attend a 75 minute info-session on the evening of Sunday, January 7<sup>th</sup>.
- Also needed: Some volunteers to help store equipment for about 15 minutes before start of school day on (some or all) program mornings.

### *Costs, Registration & Refund Policies (costs are for the full 4 weeks & HST must be added)*

- **\$175** *Knoxdale Traveller* package, including supervised coach travel & lift passes
- **\$40** Optional 4-week Ski or Snowboard Lesson Package
- **\$40** Optional Ski (skis, boots & poles) or Snowboard (board & boots) Rental Package
- **\$15** Snowhawks Helmet rental
- **\$8** Snowhawks Wristguards rental (snowboarding only; *not* for skiers) or buy for \$23
- **Snowhawks Scholarships** are available to cover partial program costs for those with a demonstrated financial need. Please contact Snowhawks for details on scholarship program.
  
- **Online registration** at [registration.snowhawks.com](http://registration.snowhawks.com). Payment by PayPal, credit card, Interac transfer or cheque (returned cheques subject to \$20 fee). Please have ready: participant’s grade; classroom #, teacher name or class code; date of birth; health card #; ability level and, if renting equipment: height; weight; and shoe size.
- **Deadline for registration is Dec 21, though the program may fill before the deadline!**
- Cancellation with full refund (less \$20 Admin fee) till 21-days from program start. From then, no refunds for cancellation or missed days, except for withdrawal from the program for medical reasons (with note from physician); withdrawal is subject to a \$20/day hold-back to defray bus and other program costs. Any outing cancelled by Snowhawks would be made up on a subsequent weeknight, announced in advance.
- Registration Confirmation & regular follow-ups by email, so please add to your email “whitelist” or contacts: [ottawa@snowhaks.com](mailto:ottawa@snowhaks.com) & [snowhawks@snow-hawks.com](mailto:snowhawks@snow-hawks.com)

**Snowhawks: 613-730-0701    [ottawa@snowhawks.com](mailto:ottawa@snowhawks.com)    [www.snowhawks.com](http://www.snowhawks.com)**